

31

No School  
Winter Break

1

No School  
Winter Break

2

**Egg, Cheese & Sausage Slider**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

3

**Breakfast Pizza**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

4

**Mini Cinnamon Rolls**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

7

**Breakfast Pizza**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

8

**Egg, Cheese & Sausage Slider**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

9

**Breakfast Sandwich**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

10

**Cinnamon Cream Cheese Bagel**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

11

**Breakfast Pizza**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

14

**Benefit Bar**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

15

**Country Chicken Biscuit**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

16

**French Toast**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

17

**Cinnamon Cream Cheese Bagel**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

18

No School

21

No School  
MLK Day

22

**Pancake Wrap**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

23

**Breakfast Pizza**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

24

**Country Chicken Biscuit**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

25

**Apple Frudel**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

28

**Maple Mini Waffle**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

29

**Apple Frudel**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

30

**Lucky Charms Cereal**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

31

**Mini Strawberry Bagels**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

1

**Egg & Cheese Slider**

Fresh Fruit or Craisins  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**CHALLENGE YOURSELF:**

**KEEP ACTIVE  
+ WALK MORE  
+ ALL DAY  
= A STRONG & FIT YOU**

**Start your day off right with a healthy, balanced breakfast!**